



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON
SCHOOLS DIVISION OF LUCENA CITY



12 Aug 2025

DIVISION MEMORANDUM

No. 304, s. 2025

DIVISION TRAINING FOR REGIONAL DRRM OLYMPICS 2025 INTERESTED PARTICIPANTS

TO: Asst. Schools Division Superintendent
Chief Education Supervisors – SGOD & CID
Unit Heads
All Others Concerned


1. Relative to the **Department of Education Regional Memorandum No. 288 s. 2025**, titled **2025 Regional Disaster Risk Reduction and Management (DRRM) Olympics**, this Office will conduct **Division Training for Regional DRRM Olympics 2025** on **August 16, 2025**, at **Mayao Parada Agricultural Integrated High School, Lucena City**.
2. The activity aims to intensify the departments' effort to provide learners with knowledge and capacity, and education during disasters, crises, or emergencies. Furthermore, to showcase the learners' ability to respond in an emergency and engage in firefighting.
3. Furthermore, participants shall be entitled to a **Compensatory Time Off** (CTO) for the **non-teaching personnel** (Technical Working Committee) as per Civil Service Commission (CSC) and Department of Budget Management (DBM) Joint Circular No. 2, s. 2004 on "Non-Monetary Remuneration for the Overtime Service Rendered"; and **Service Credit** for the **teaching personnel** as per DepEd Order No. 53, s. 2003 on "Updated Guidelines on Grant of Vacation Service Credits to Teachers" to compensate for the services they will render beyond working hours; (see attached *Matrix, List of participants and Technical Working Group*).
4. Participants are reminded of the following:
 - a. Expected to be at the training venue at **7:30 a.m.** for the registration, The opening program will formally start at exactly 8:00 in the morning.
 - b. Wear comfortable clothes; Learners in plain white shirt, jogging pants, long socks; may bring boots, helmet, knee pads, gloves, triangular bandage, and first aid kit if available.
 - c. Bring own drinking tumblers.
 - d. Ensure to have parental consent of the player and that they are fit to participate.

5. Transportation and other incidental expenses relative to this activity shall be charged against respective local funds/ MOOE, subject to existing budgeting, accounting, and auditing rules and regulations.
6. Please see attached Matrix of Activity, List of Participants and Technical Working Group for reference.
7. For further inquiries, clarifications, and other related concerns, you may contact **Ms. Preciosa Marie T. Alba**, Project Development Officer II-DRRM, at 0943-573-6010.
8. Immediate dissemination of this Memorandum is desired.

SUSAN DL. ORIBIANA
Schools Division Superintendent



For the Schools Division Superintendent



BENJIE C. RIVERA
Administrative Officer V

Date: August 14, 2025

Encl: As stated

Reference: Department of Education Regional Memorandum No. 288 s. 2025

SGOD/DRRM / PMTA / DM - Division Training for Regional DRRM Olympics 2025 Interested Participants
094 / 08/12/2025

MATRIX OF ACTIVITY

**TITLE OF ACTIVITY: DIVISION TRAINING FOR REGIONAL DRRM OLYMPICS
2025 INTERESTED PARTICIPANTS**

DATE OF ACTIVITY: August 16, 2025

TIME	TOPIC / ACTIVITY	PERSON RESPONSIBLE
Day 1		
7:30 - 8:00 AM	Arrival and Registration	
8:00 – 8:30 AM	Opening Program <ul style="list-style-type: none"> • Philippine National Anthem • Prayer • SDO Lucena Hymn • Presentation of Participants, TWG and Resource Speakers • Photo Opportunity • Opening Remarks • Inspirational Message • Rationale and Objectives 	AVP AVP AVP Preciosa Marie T. Alba PDO II-DRRM Edenia O. Libranda Assistant Schools Division Superintendent Susan DL. Oribiana Schools Division Superintendent Preciosa Marie T. Alba PDO II-DRRM
8:30 AM- 9:30 AM	Orientation on DRRM Olympics Events & Mechanics	Resource Speaker (CDRRMO and BFP-LCFS)
9:30 AM- 10:30 AM	Lecture-Demo: First Aid & Life Support Techniques	Resource Speaker (CDRRMO)
10:30 AM - 12:00 NN	Hands-on: First Aid and Life Support Relay Practice	Resource Speaker (CDRRMO)
12:00 NN – 1:00 PM	LUNCH	
1:00 - 2:00 PM	Fire Safety Orientation and Demo	Resource Speaker (BFP-LCFS)
2:00 - 3:00 PM	Practical: Fire Hose Relay & Bucket Relay Drills	Resource Speaker (BFP-LCFS)
3:00 - 4:00 PM	Mock Olympics: Timed Relay Events	Resource Speaker (CDRRMO and BFP-LCFS)
4:00 - 4:30 PM	Debriefing and Feedback Session	Resource Speaker
4:30 - 5:00PM	Closing Program <ul style="list-style-type: none"> • Prayer • Nationalistic Song • Impressions from Participants • Distribution of Certificates • Photo Opportunity Closing Remarks	Secretariat / TWG Dr. Epifania F. Carandang Chief Education Supervisor-SGOD

Donna L. Malasarte
 PDO I
Master of Ceremony

LIST OF PARTICIPANTS

**TITLE OF
ACTIVITY:**
**DATE OF
ACTIVITY:**

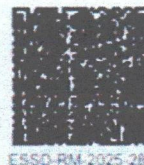
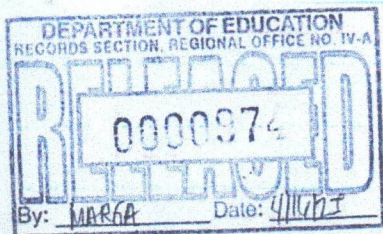
**DIVISION TRAINING FOR REGIONAL DRRM
OLYMPICS 2025 INTERESTED PARTICIPANTS**
August 16, 2025

NO.	NAME	SEX	DESIGNATION	OFFICE / SCHOOL
1.	Susan DL. Oribiana	F	SDS	OSDS
2.	Edenia O. Libranda	F	ASDS	OSDS
3.	Epifania F. Carandang	F	Chief Education Supervisor	SGOD
4.	Karen Jane P. Montero	F	EPS II, SM (M&E)	SGOD
5.	Patrick Miguel T. Palacio	M	Nurse II	SGOD
6.	Preciosa Marie T. Alba	F	PDO II	SGOD
7.	Donna L. Malasarte	F	PDO I	SGOD
8.	Mark Angelo A. Villabroza	M	COS-DRRM	SGOD
9.	FO3 Lito S. Dudas	M	Resource Speaker	BFP-LCFS
10.	SFO2 Ferdinand V. Gapit	M	Resource Speaker	BFP-LCFS
11.	FO2 Renan A. Oblea	M	Resource Speaker	BFP-LCFS
12.	SFO1 Jan Vincent R. Alba	M	Resource Speaker	BFP-LCFS
13.	Dionisio S. Brizuela II	M	Resource Speaker	CDRRMO
14.	Menard B. Atanacio	M	Resource Speaker	CDRRMO
15.	Jerick C. Zarsadias	M	Resource Speaker	CDRRMO
16.	Ronniel D. Holgado	M	Resource Speaker	CDRRMO
17.	Geron T. Marmol	M	Grade 7 student	GGNHS-Main
18.	Jose R. Moises	M	Grade 8 student	GGNHS-Main
19.	Irish Anne Abcede	F	Grade 9 student	GGNHS-Main
20.	Precious Dana Jandumon	F	Grade 10 student	GGNHS-Main
21.	Divina Gracia J. Rojo	F	School DRRMC	GGNHS-Main
22.	Steven Oliver G. Edano	M	Teacher I	GGNHS-Main
23.	Aldwin Garcia	M	Teacher I	GGNHS-Main
24.	John Angelo F. Salustiano	M	Grade 12 student	GGNHS-Main
25.	Christian C. Aldovino	M	Grade 11 student	GGNHS-Main
26.	Michaela Sevilla	F	Grade 11 student	GGNHS-Main
27.	Jamaica Enriquez	F	Grade 12 student	GGNHS-Main
28.	Akihiro Sevilla	M	Grade 7 student	GGNHS-Main
29.	Owen De Guzman	M	Grade 8 student	GGNHS-Main
30.	Francis Dave S. Dollente	M	Grade 9 student	GGNHS-Main
31.	Shoun Kemp S. Son	M	Grade 10 student	GGNHS-Main
32.	Hillary Ignacio	F	Grade 7 student	GGNHS-Main
33.	Paula Ysabel M. Mayuga	F	Grade 8 student	GGNHS-Main
34.	Jencell V. Paule	F	Grade 9 student	GGNHS-Main
35.	Charie Anne Felismino	F	Grade 10 student	GGNHS-Main
36.	Emman Lorenz Valerio	M	Grade 9 student	MPAIHS
37.	John Mark Luis S. Pena	M	Grade 8 student	MPAIHS
38.	Mikaela L. Maano	F	Grade 7 student	MPAIHS
39.	Jhuri A. Jaca	F	Grade 10 student	MPAIHS

40.	Melvin A. Abratique	M	Teacher II	MPAIHS
41.	George Andrew R. Rivera	M	Teacher II	MPAIHS
42.	Marivic R. Elloso	F	Teacher II	MPAIHS
43.	Mike Ivan Calapit	M	Grade 12 student	MPAIHS
44.	Kien Cedrick Calapit	M	Grade 12 student	MPAIHS
45.	Ruffa Mae T. Losorata	F	Grade 11 student	MPAIHS
46.	Beverly Manjares	F	Grade 12 student	MPAIHS
47.	Harvey Cabuyao	M	Grade 7 student	MPAIHS
48.	JM Dapol	M	Grade 9 student	MPAIHS
49.	Lorenz Adrielle B. Nanez	M	Grade 10 student	MPAIHS
50.	John Arvin Delos Santos	M	Grade 10 student	MPAIHS
51.	Abby Gail Balolong	F	Grade 8 student	MPAIHS
52.	Jesse Anne De Chavez	F	Grade 8 student	MPAIHS
53.	Venus Raj Divinagracia	F	Grade 10 student	MPAIHS
54.	Mara S. Dapol	F	Grade 9 student	MPAIHS
55.	Sherin D. Bustamante	F	Teacher III	MPAIHS

Annex 3

Technical Working Group	
Program and Invitation Committee	Karen Jane P. Montero
Registration Committee	Mark Angelo A. Villabroza
Certificates Committee	Mark Angelo A. Villabroza Preciosa Marie T. Alba
Physical Arrangement Committee	Mark Angelo A. Villabroza c/o Venue
Sound System and Technical Committee	Mark Angelo A. Villabroza c/o Venue
Food & Refreshment Committee	Mark Angelo A. Villabroza
Evaluation Committee	Karen Jane P. Montero
Documentation Committee	Donna L. Malasarte
Health and Wellness Committee (If applicable)	Patrick Miguel T. Palacio



Republic of the Philippines
Department of Education
REGION IV-A CALABARZON


11 April 2025

Regional Memorandum
No. 288 s. 2025

**2025 REGIONAL DISASTER RISK REDUCTION
AND MANAGEMENT OLYMPICS**

To **Schools Division Superintendents**

1. Pursuant to the Department of Education Memorandum No. 37, s. 2015¹, this Office, through the Education Support Services Division, shall conduct the 2025 Regional Disaster Risk Reduction and Management (DRRM) Olympics on September 6, 2025, at a venue to be announced in a separate issuance.
2. The activity aims to intensify the departments' effort to provide learners with knowledge and capacity, and education during disasters, crises, or emergencies. Furthermore, to showcase the learners' ability to respond in an emergency and engage in firefighting.
3. Participants in these activities are identified in Enclosure A, along with the event mechanics and materials, for uniformity and proper guidance. Participants' registration shall be accomplished until August 18, 2025, through the link: https://bit.ly/2025RDRRMolympics_Reg.
4. Schools Division Offices may conduct local DRRM Olympics as part of the National Disaster Resilience Month (July) to select the delegation to the Regional DRRM Olympics.
5. Food and other activity materials shall be charged to the Regional DRRM fund, while travel and other incidental expenses shall be charged to DRRM local funds subject to the usual auditing and accounting rules and regulations.
6. For more details, contact Wilbert C. Ulpindo, PDO II of the Education Support Services Division at (02) 8682-2114 loc 430 or email essd.calabarzon@deped.gov.ph.
7. Immediate dissemination of this Memorandum is desired.


ATTY. ALBERTO T. ESCOBARTE, CESO II
Regional Director

03/ROE2

¹ The Comprehensive Disaster Risk Reduction and Management (DRRM) in Education Framework



Address: Gate 2, Karangalan Village, Cainta, Rizal
Telephone No.: 02-8682-2114
Email Address: region4a@deped.gov.ph
Website: depedcalabarzon.ph



Certificate No. PHP QMS
22 93 0085

ENCLOSURE A. DRRM Olympics – Game Mechanics**A. First Aid and Life Support Relay**

The Basic First Aid and Life Support competition aims to make the learners realize how vital first aid increases a person's survival during life-threatening situations like cardiac arrest, choking, or serious bleeding. Basic Life Support (BLS) is vital.

Participants:

1. The event will be participated in by a team of 2 males and 2 females, consisting of:
 - One (1) Grade 7 (12-13 years old)
 - One (1) Grade 8 – (13-14 years old)
 - One (1) Grade 9 – (14-15 years old)
 - One (1) Grade 10 – (15-16 years old)
2. Players will be assisted by 1 teaching or non-teaching personnel as a coach, within the Schools Division Office or from the learners' School.
3. Participants shall provide a parental permission form. Refer to enclosure 3.

Attire:

Players must wear a white shirt (*may opt to wear other uniform shirts*), jogging pants, and rubber shoes for safety.

Materials:

The needed materials for the event are the following:

1. First aid kit – gauze pad (2"/ 3"/ 3"), triangular bandage (40" x 40" x 56" / 100cm x 100cm x 142 cm), micropore tape, sterile dressing,
2. Spine board with head immobilizer

Game Mechanics:

1. There will be 4 first aid stations with tasks set by the technical committee that involve scenarios of injuries and other emergencies.
2. Participants must respond accordingly to the situation following the standards set by the technical committee.
3. Responders' actions shall be judged through a rubric set by the technical committee. (Time - 20%, First aid and Life support standard - 80%)
Time = game time + (no. of errors x 5 seconds)
4. Each team shall play only 1 hit, at the end of the last team, scores shall be tallied, and identify the 1st Place, 2nd Place, and 3rd Place.

Technical Mechanics:

Participants must perform the following procedures:

- Patient assessment
- Bandaging/splinting for specific injuries
- Transport (*if needed*)

Winners

1. First Place – Trophy, certificates for each member and coach
2. Second Place – Trophy, certificates for each member and coach
3. Third Place – Trophy, certificates for each member and coach

4. Non-winning participants shall receive participation certificates.

B. Second Event: Fire hose relay

The first hose relay is a career guidance program to encourage learners to join the Bureau of Fire Protection as firefighters. This will also enable them to use fire hoses in case of emergency.

Participants:

1. The fire hose relay will be participated in by the Senior High School, Grades 11 and 12, 2 males and 2 females.
 - Two (2) Grade 11 (*males and/or females*)
 - Two (2) Grade 12 (*males and/or females*)
2. Players will be assisted by 1 teaching or non-teaching personnel as a coach, within the Schools Division Office or from the learners' School.
3. Participants shall provide a parental permission form. Refer to enclosure 3.

Attire:

Players must wear a white shirt (*may opt to wear other uniform shirts*), jogging pants, and rubber shoes for safety.

Materials:

1. 8 fire suits
2. Fire hoses
3. Fire hose nozzles
4. Water source (hydrant or other pressurized source)
5. Markers to mark the relay course
6. Target or Cone Setups

Game Mechanics

1. Start

1.1 The team shall designate among 4 members the following tasks:

- Hose 1 handler
- Hose 2 handler
- Nozzle handler
- Pump operator / Assist

1.2 Teams start at a designated line or point. Each team has one fire hose connected to a water source or an empty hose to simulate the action.

2. Relay

2.1 The first player of each team runs to a designated position and unrolls the fire hose.

2.2 The player must drag the hose to simulate unrolling the hose and connecting the nozzle.

3. Shooting

3.1 Once the hose is unrolled, the player must connect it to the water source and turn it on. (*In case of the use of a fire truck, turning the water on shall be assisted by the fireman on duty*)

3.2 The player needs to spray water onto a target, which can be a set of cones, a bucket, or any other object. The object will represent the fire.

3.3 Accuracy is important: Teams must hit the target (put out the fire) or move the object (like knocking over cones/buckets).

3.4 Mishandling and errors shall be accumulated with 5 seconds per error committed and be added to the final time set by each team.

4. Declaration of winner:

The team with the least total game time shall be declared the winner of the event.

Total game time = game time * (no. of errors x 5 seconds)

Technical Mechanics:

The key components of the fire hose relay are teamwork, precision, and wearing of proper attire and gear.

The following components must be considered in a fire hose relay:

1. Team formation – the players have different assignments.
Hose carrier, nozzle handler, support, and the water source operator
2. Advancing the hose – the first players must unroll the hose, ensuring that there are no kinks or twists, therefore the water can flow freely. Players must successfully unroll the hose without damaging it.
3. Once the hose has been unrolled, the next player must connect the nozzle properly. After connecting the nozzle, all the members must ensure that the hose is properly connected to the water source, and the nozzle won't be undone once water pressure is applied. The players will aim at the target with 5m distance and start operating the water source.
3. Controlling the water flow- Once the hose is in place and the water is activated, the players must show proper stance and proper stream adjustments.
4. The final time shall be set only after the hoses are rolled again properly and by the signal of the technical committee.

Winners

1. First Place – Trophy, certificates for each member and coach
2. Second Place – Trophy, certificates for each member and coach
3. Third Place – Trophy, certificates for each member and coach
4. Non-winning participants shall receive participation certificates

C. Third Event: Bucket Relay

Participants

1. The Bucket relay will be participated in by the Junior High School, Grades 7-10, 4 males and 4 females.
 - Two (2) Grade 7 (*males and/or females*)
 - Two (2) Grade 8 (*males and/or females*)
 - Two (2) Grade 9 (*males and/or females*)
 - Two (2) Grade 10 (*males and/or females*)
2. Players will be assisted by 1 teaching or non-teaching personnel as a coach, within the Schools Division Office or from the learners' School.
3. Participants shall provide a parental permission form. Refer to enclosure 3.

Team Composition

1. Shooter – Person situated at the front, responsible for throwing of water inside the pail into the designated drum, where they need to fill within the time allotted.
2. Runner – Responsible for retrieving empty pails from the front area to refill.
3. Scooper – Member of the team who is situated on the last line, responsible for filling the empty pail with water and passing it on to their team.
4. Handler – Member of the team assigned to hand over the pail with water to the other members of the team until it reaches the shooter.

Attire:

Players must wear a white shirt (*may opt to wear other uniform shirts*), jogging pants, and rubber shoes for safety.

Materials

1. 6 plastic drums – sponsored by partnership
2. 24 construction pail (8 per team)– c/o Regional Office
3. 8 pairs of construction gloves (knitted-rubberized) – c/o SDO

Game Mechanics

1. Starting

Each team will consist of 8 players. The team's first player fills their construction bucket with water from the water source. The distance between the members is 1 meter. The distance of the drum from the last player is 1.5 meters.

2. Transporting the Water

While carrying the bucket, the player tries to spill as little water as possible as they walk or run to the specified endpoint and pass the bucket to the next member.

3. Throwing of water

The 8th or last member must throw the water from the bucket to the drum (which represents the fire). Players must fill the drum or put out the fire by passing the bucket from one to the other.

Technical Mechanics

1. The relay will be timed at 3 minutes and begins with a whistle. The team that will be able to fill the highest amount of water in the drum wins. The game will start with proper positioning. Players must be properly positioned in a way that they

can access the bucket easily. Each member plays a critical role in passing the bucket filled with water.

2. Filling and passing the bucket- the first bucket is already filled with water, players will pass on the bucket, and once it reaches the last player, the last player will have to throw the water and ensure that it will be thrown inside the drum with 1.5 meters distance.
3. The player near the water source will scoop the water using a construction bucket and pass it onto the next player until it reaches the 8th player. The relay will end once the time stops with a whistle.
4. After the whistle, all pales with water shall not be included in the final measurement.

Winners

1. First Place – Trophy, certificates for each member and coach
2. Second Place – Trophy, certificates for each member and coach
3. Third Place – Trophy, certificates for each member and coach
4. Non-winning participants shall receive participation certificates

SUMMARY OF EVENTS AND NUMBER OF PARTICIPANTS

Events	Number of participants per Grade Level	Grade Level to participate	SDO	TOTAL
First Aid and Life Support Relay	4 (2 Males and 2 Females)	Grade 7-Grade 10	23	92
Fire Hose Relay	4 (2 Males and 2 Females)	Grade 11-Grade 12	23	92
Bucket Relay	8 (4 Males and 4 Females)	Grade 7-Grade 10	23	184
Expected No. of Participants	16 participants per SDO	Grade 7-Grade 12	23	368

ENCLOSURE B. Program of Activities

DATE/TIME	ACTIVITIES
June – August 2025	Coordination Meeting with TWG, Philippine Red Cross, Bureau of Fire, and other stakeholders/partners. <i>Virtual or in-person</i>
August 18, 2025	Last day of participants' registration Link: https://bit.ly/2025RDRRMOlympics_Reg
September 5, 2025 5:00 PM – 8:00 PM	Arrival and Registration of Participants <i>(The regional office shall not provide beddings and other hygiene materials)</i>
September 6, 2025 5:30 AM – 7:00 AM 7:00 AM – 7:30 AM 7:30 AM – 8:30 AM 8:30 AM – 3:00 PM 3:00 PM – 3:40 PM 3:40 PM – 4:00 PM	Breakfast Opening Program A. National Anthem B. Prayer C. Welcome Remarks D. Acknowledgment of Participants E. Inspirational Message House Rules Discussion of Game Mechanics Game Proper <i>(with lunch and window hour from 1:00 PM-2:00 PM)</i> Sharing of experiences, realization, and evaluation <i>(Representatives from three (3) select SDOs)</i> Awarding and Closing Program

Enclosure C: Parental Permission

Republic of the Philippines
Department of Education
 REGION IV-A CALABARZON

PARENTAL CONSENT FOR PARTICIPATION
 (For 2025 Regional DRRM Olympics)

Name of Learner: _____
 Date of Birth: _____ Sex: _____
 Parent's/Guardian's Name: _____
 Relationship to Learner: _____
 Home Address: _____
 Contact Number/s: _____

As the parent/guardian of the above-mentioned learner, I hereby acknowledge that I have been informed of the details of my child's participation as a player in the 2025 Disaster Risk Reduction and Management Olympics, which will be held from September 5-6, 2025.

As parent/guardian, I willingly and voluntarily give consent to: 1). The participation of my child/ward in the **2025 Regional DRRM Olympics**; and, 2). The necessary travel of my child/ward from our home to _____ and the return trip.

I understand the concerns and risks associated with participation in the DRRM Olympics and agree that the rules and regulations established for the said activity are for the security of the players and/or participants, and thus further agree to instruct my child/ward to obey them.

Having understood all the aforementioned, I hereby consent to allow my child/ward to participate in the 2025 Regional DRRM Olympics.

 Parent's /Legal Guardian's Name and Signature

 Date

 Name and Signature of School Head

 Date